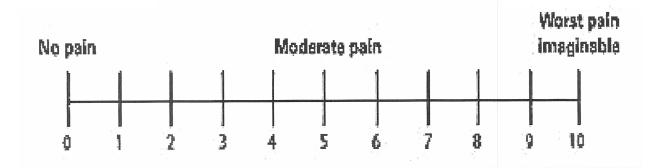
ON BOTH PAIN RATING SCALES, make an X across the number indicating your pain level on your worst day, and CIRCLE the number indicating your pain level RIGHT NOW.

## 0-10 Numeric Pain Rating Scale



## **Wong-Baker FACES Pain Rating Scale**

